

**Fun Days:** The cafeteria provides students with nutritious, healthy food to nourish the body and mind. In addition, the café is also a place for students to gather and unwind for a brief period of time. Special, fun days are planned each month to help make the café a safe, happy, and comfortable place for students to enjoy. A few examples of our fun days are: Halloween Coloring Contest, National Popcorn Trivia Day, Twelve Days of Christmas, Super Bowl Contest, Lunch and a Movie, Groundhog Day, Disney Day.

**Recipe of the Month:** Each month all secondary level TNG schools offer a Recipe of the Month. These homestyle entrees are created by our Corporate Chefs utilizing modern, healthy, and tasty ingredients. Some examples include: French Onion Chicken Sandwich, Turkey Broccoli and Cheddar Pockets, and Greek Beef Gyro.

**Tasty Bites:** At the elementary and secondary level during each month, there are specials featured in the cafeteria. These items range from a healthy Rootbeer Float to Apple Dumplings to Festive Rice Krispie Treats. These items are created by our Corporate Chefs with young palettes in mind and they meet the Smart Snack criteria.

**Wellness Wednesday:** Wellness Wednesday is a program in which our elementary students have come to love. Healthy, different food items are offered as a sample, encouraging students to try something new. The recipes use healthy, wholesome, and sometimes uncommon ingredients (such as farro or quinoa). A hand-out is sent home with students including nutrition facts, activities, and recipes.

**Create Your Own Bowl:** Create Your Own Bowl is a secondary level concept to give students more control in their entrée choice, toppings, and serving sizes. At least two Create Your Own Bowls are offered during each week. Options include: Fiesta Bowl, Pasta Bowl, Potato Bowl, Rice Bowl, and Salad Bowl.